TERMS OF REFERENCE FOR A NON-ENDOWED FUND

NAME OF NON-ENDOWED FUND
Louise Lavigne Mental Health and Wellness Champions Scholarship

INTRODUCTION
This scholarship was generously created by Ms. Fidèle Lavigne. Like many, Ms. Lavigne experienced anxiety and stress during her bachelor's studies. However, her situation deteriorated to the point that she developed an anxiety disorder. Fortunately, thanks to an aunt who also suffered from mental health issues, she was able to receive professional care and recover.

The aunt was still dealing with her own problems when she passed away in 2018. To pay tribute to the woman who enabled her to become the person she is today, Ms. Lavigne decided to create the Louise Lavigne Mental Health and Wellness Champions Scholarship. Through it, she wishes to honour the efforts of students trying to make change in the area of mental health and wellness, for example, by working fervently to reduce stigmatization through wellness promotion and helping others to get help when they need it.

PURPOSE OF FUND
To support the efforts of student champions in the University of Ottawa Faculty of Arts to promote and raise awareness of mental health and wellness.

FUND DETAILS
Eligibility Criteria
Applicants must meet these criteria:
1. be a Canadian citizen, a permanent resident, a person with protected or refugee status, or an international student;
2. be enrolled full or part time in the Faculty of Arts of the University of Ottawa; and
3. demonstrate involvement in a mental health and wellness initiative.

Value of award: $1,500
Number of awards: 1
Frequency of the award: Annual
Level or program of study: Undergraduate
Application contact: Financial Aid and Awards Service
Application deadline: October 31

APPLICATION PROCEDURE
Applications must be made through Online Scholarships and Bursaries, which can be accessed through the uoZone portal. They should include:

1. a statement (500 words max.) explaining how the applicant is involved in a mental health and wellness initiative.