

TERMS OF REFERENCE FOR AN ENDOWED FUND

NAME OF ENDOWMENT FUND (OTSS [\[1\]](#))

Nancy Parker / Feldenkrais Fund

INTRODUCTION

The Feldenkrais Method® uses a unique combination of gentle exercises and body awareness training to improve communications between the brain and the body to restore and enhance efficiency and pleasure in movement. Feldenkrais principles are simple, and the results can be extraordinary. Moshe Feldenkrais D.Sc. (1904 - 1984) was a physicist, engineer and judo master who transformed our understanding of the mind/body relationship by pioneering an investigation into how the brain organizes movement and action in the body. Today there are thousands of Feldenkrais practitioners around the world

The Fund was established by family and friends of Nancy Parker, a Feldenkrais pioneer from the Ottawa area. In honour of her 80th birthday, they established the Nancy Parker / Feldenkrais Fund at the University of Ottawa to raise awareness of the Feldenkrais Method®

PURPOSE OF THE FUND

To encourage students registered in, but not limited to, the Faculty of Health Sciences, to explore the benefits of the *Feldenkrais Method®* and to encourage awareness of the method.

SCHOLARSHIP DETAILS

Eligibility Criteria:

The applicant must:

1. be registered as a full-time or part-time student at the University of Ottawa; with preference at the Faculty of Health Sciences or alternatively, at the Faculty of Education, Faculty of Social Sciences (Psychology or Sociology programs) or Faculty of Medicine;
2. be an Ontario resident, as per OSAP [\[2\]](#) rules;
3. demonstrate financial need, as determined by the Financial Aid and Awards Service of the University of Ottawa;
4. be in good academic standing, with a minimum CGPA of 7.0; and
5. demonstrate existing familiarity with the Feldenkrais Method® and the intention to pursue further learning.

Value of the Award: Variable

Number of Awards: Variable

Frequency of the Award: Annual

Level of the Award: Undergraduate and Graduate

Application Contact: Financial Aid and Awards Service

Application Deadline: October 31

APPLICATION PROCEDURE

Applications must be made through Online Scholarships and Bursaries, which can be accessed through <https://scholarships.uottawa.ca>, and should include:

1. the Financial Questionnaire; and
2. a statement (500 words maximum) outlining his/her existing familiarity with the Feldenkrais Method® and the intention to pursue further learning.

[\[1\]](#) OTSS: Ontario Trust Student Support

[\[2\]](#) OSAP: Ontario Student Assistance Program